Uptake of Purine and Pyrimidine Nucleosides by Macrophage-resident *Mycobacterium leprae*: ³H-Adenosine as an Indicator of Viability and Antimicrobial Activity¹

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The inability to cultivate Mycobacterium leprae and to conveniently evaluate its viability has been a major constraint for the development of antileprosy drugs. The commonly used mouse-foot-pad technique requires 6-12 months and is dependent on counting acid-fast bacilli extracted from tissues (^{2, 21}). To overcome these disadvantages, several in vitro methodologies have been developed in the past decade. These include primarily the uptake of various radiolabeled precursors indicative of *M. lep-*rae metabolism (^{1, 4–6, 12–14, 17, 28}), staining with fluorescenating dyes (8), cationic ratio (²⁰), and adenosine triphosphate measurements (3). The incorporation of radiolabels has been studied in axenic cultures as well as in tissue culture systems (7, 13, 14, 17). In addition, the effect of live M. leprae on the modulation of macrophage cell-surface molecules has been used as a monitor of viability (10).

Since the leprosy bacillus has been shown to reside naturally within mononuclear cells, our laboratory had developed a macrophage-based radiometric assay whereby the uptake of ³H-thymidine was used as an indicator of DNA synthesis of *M. leprae* resident within these cells (¹⁸). Both human (¹⁵) and murine macrophage cultures (11, 18) were experimentally infected with human- and armadillo-derived M. leprae. and the radiolabel was shown to be selectively incorporated in the bacillus by autoradiography (¹¹). In addition, this methodology was amenable to screening antileprosy drugs (11), drug resistance (19), and the effect of lymphokines (¹⁶), and compared well with the mousefoot-pad model (19). The assay is completed in 2 weeks and requires fewer bacilli (2 \times 10^{5}) than axenic cultures which require 10^{6} to 10¹⁰ bacilli. This has a distinct advantage in studying patients where ethical constraints on biopsy size limit the number of bacilli obtained from the skin. Moreover, the human infection rarely attains the bacillary levels seen in the armadillo. Further reduction of bacilli is seen in patients under chemotherapy. In addition, macrophages as effector cells would be a good model for dissecting the host-resistance factors relating to antimicrobicidal activity (16).

The present study was undertaken to explore alternative radiolabeled nucleosides that would be selectively incorporated into *M. leprae.* Both purines and pyrimidines were used. Of these, ³H-adenosine and ³H-hypoxanthine showed higher incorporation as compared to ³H-thymidine. The former was incorporated maximally and was useful in *in vitro* screening of antileprosy drugs. Preliminary results suggest that macrophage-adapted bacilli are better incorporators of ³H-adenosine than bacilli maintained in axenic cultures.

MATERIALS AND METHODS

Patients. Twenty-seven, bacilliferous, lepromatous leprosy patients undergoing multidrug therapy in the endemic district

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of Baroda, Gujarat, and the Hansen's clinic of Safdarjang Hospital, New Delhi, India, were selected for this study. Routine excision or 6-mm punch biopsies (Laboratories Stefel, UK Ltd., Slough, England) were obtained under sterile conditions, air freighted over ice to the laboratory within 12–14 hr, and stored at -70° C until further processing.

Extraction of *M. leprae*. *M. leprae* were extracted under sterile conditions by tissue homogenization. In brief, biopsies were washed twice in RPMI 1640 medium (GIB-CO Biocult, Irvine, Scotland), and the dermal tissue separated after removal of subcutaneous fat. The tissue was minced and subsequently homogenized using a Mickle disintegrator (The Mickle Laboratory Engineering Co. Ltd., Gomshall, Surrey, England) with a vibrational frequency of 50 shakes per sec for 5 min, each shake having a 3-mm excursion. The homogenate was centrifuged at a low speed of $40 \times g \times 10$ min (Sorvall RT-8000) to remove coarse tissue fragments. The supernatant consisting of the bacillary suspension was counted by the method of Shepard and McRae (²²).

All *M. leprae* extracts were checked for the absence of cultivable contaminants by plating on nutrient agar and Löwenstein-Jensen (LJ) medium. Isolates showing no growth at 24 hr on the former were inoculated in macrophage cultures. However, the nutrient agar and LJ slants were maintained up to 48 hr and 8 weeks, respectively. No cultivable organisms were detected in the extracts used in the present study.

Macrophage cultures. Cultures of murine peritoneal macrophages were set up in 96-well microtiter plates as described earlier (11). In brief, resident peritoneal macrophages from BALB/c mice were obtained by peritoneal lavage and mixed with an equal volume of RPMI 1640 medium supplemented with 20% fetal calf serum (FCS; GIBCO) and incubated at 37°C for 12-18 hr. The nonadherent cells were removed and the wells were replaced with RPMI 1640 supplemented with 20% FCS. Wells were infected at this stage with 200 µl/ml of freshly extracted M. leprae. Cultures were maintained for 16-18 hr at 37°C in 5% CO₂ in air. Nonphagocytosed bacilli were replaced with media containing various radiolabels (1 μ Ci/ml). For the drug-inhibition studies, varying concentrations of drugs (3-100 ng/ ml) were added along with the radiolabel. The cultures were harvested onto glass fiber discs (GF/c; Whatman Inc., Clifton, New Jersey, U.S.A.) using a cell harvester (Ph.D. Cell Harvester, Cambridge Technology, Inc., Watertown, Massachusetts, U.S.A.) at the time period specified. The cells were incubated in 1 N NaOH and serially flushed with distilled water, normal saline containing cold nucleosides (1 mg/ml), 50% cold trichloroacetic acid (TCA), and fresh ethanol. The discs were dried, placed in scintillation mixtures, and counted in a beta scintillation counter (1217 Rack Beta, LKB, Finland). Using the same batch of macrophages, five replicates of the following were set up: Macrophage + a) freshly extracted *M. leprae*, b) heat-killed M. leprae, c) a + varying concentrations of dapsone and rifampin. The percent inhibition in the presence of drugs was calculated as follows:

% inhibition = 1 - (mean cpm of live M.leprae cultures + drug/mean cpm of live M.leprae cultures) × 100.

The p value was calculated by the Mann-Whitney U test.

Radiolabels and drugs. The incorporation of three radiolabeled purines -2, 5, 8,³H-adenosine (sp. act. 49 Ci/mmol); deoxy-1, 2, 5, 8,3H-adenosine (sp. act. 68 Ci/ mmol); and ³H-hypoxanthine (sp. act. 26 Ci/mmol)-and three radiolabeled pyrimidines-5-³H-cytidine (sp. act. 26 Ci/mmol); ³H-deoxy-cytidine (62 Ci/mmol); and 5, 6, ³H-uracil (sp. act. 46 Ci/mmol)-and methyl3H-thymidine (Amersham International, Buckinghamshire, England) were studied in M. leprae resident in macrophage cultures. These compounds were diluted in RPMI 1640 medium and used at 0.25 μ Ci/ well.

Rifampin and dapsone were dissolved in ethylene glycol and 1 N HCl, respectively, at a stock concentration of 1 mg/ml. The drugs were diluted in RPMI 1640 to 1 μ g/ ml, and sterilized by passage through 0.22- μ m Millipore discs prior to use.

Axenic cultures. The cell-free incorporation studies using specialized *in vitro* media were done as described by Khanolkar and Wheeler (⁷) with a minor modification in the temperature used. In brief, 10^{10} *M*. *leprae* were incubated aseptically in specialized medium (⁷) for 24 hr at 37°C. After incubation, the bacteria were suspended in 10 ml of 0.1% Tween 80 (Sigma Chemical Co., St. Louis, Missouri, U.S.A.) and centrifuged at $5000 \times g \times 1$ hr. The pellet was washed three times with 5% TCA and twice with methanol, and the radioactivity was estimated as before in a beta scintillation counter.

Comparison of axenic and macrophage cultures. The same batch of M. leprae extracts were tested in parallel in both types of cultures. Due to the lower yield of bacilli, biopsies from six patients were pooled together; whereas the same armadillo tissue was used for isolating M. leprae. The axenic cultures were maintained for the first 24 hr only; macrophage cultures were continued for 9 days. The former had 10¹⁰ bacilli in 500 μ l and the latter had 2 \times 10⁵ bacilli per 200 μ l per well. As described above, the axenic cultures were in specialized medium (⁷) of pH 7; whereas macrophage cultures were set up in FCS-enriched RPMI 1640. Both types of cultures were maintained at 37°C and harvested as above. Picomols of ³H-adenosine/10¹⁰ bacilli/24 hr in axenic cultures was calculated as:

 $\frac{\text{Activity in } \Delta \text{cpm}}{\text{Specific activity of }^{3}\text{H-adenosine}} \times 10^{3}$

where activity in Δcpm

$$= \frac{\Delta \text{cpm}}{\text{cpm of 1 } \mu\text{Ci of label}}$$

 Δ cpm = mean cpm of "live" *M. leprae* culture – mean cpm of heat-killed *M. leprae*.

The same calculations were done for the macrophage cultures except for computing the cpm obtained by correcting for the number of bacilli and expressing the results for 24 hr instead of cumulative uptake over 9 days. Correction was not made for the unknown numbers of nonphagocytosed bacilli.

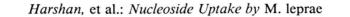
RESULTS

Incorporation and time kinetics for radiolabeled nucleosides in *M. leprae*-resident macrophages. Shown in Figure 1 are the results obtained with (Fig. 1A) four humanand (Fig. 1B) two armadillo-derived *M. leprae* isolates maintained in murine macrophage cultures in the presence of radiolabeled purines and pyrimidines. A timerelated significant uptake of the purines ³H-adenosine and ³H-hypoxanthine (p < 0.001) was observed by 6–9 days of the culture period in macrophages with freshly extracted as compared to heat-killed *M. leprae* of the same isolates. Of these, ³H-adenosine showed a significantly higher incorporation (p < 0.01) at an earlier time of 6 days as compared to the ³H-hypoxanthine uptake which peaked at 9 days. In contrast, ³H-deoxyadenosine, as well as the radiolabeled pyrimidines cytidine, deoxycytidine and uracil, failed to show an appreciable uptake over the 2-week culture period.

Comparison of uptake of radiolabeled adenosine and thymidine by same *M. leprae* isolates. *M. leprae* isolates derived from 15 bacilliferous leprosy patients (BL and LL) were tested in parallel cultures containing ³H-adenosine or ³H-thymidine (Table 1). Significant levels of incorporation of both radiolabels were obtained in those cultures with live bacilli as compared to those with heat-killed bacilli from the same biopsy (p < 0.05 to < 0.001). In 10 of 15 isolates, the mean cpm of ³H-adenosine was twofold or more higher than that of ³H-thymidine.

Comparison of uptake of ³H-adenosine in M. leprae maintained in macrophage and axenic cultures. Comparative studies were undertaken on the same batch of pooled human- and a single armadillo-derived M. *leprae* isolate maintained in murine macrophages for 9 days and in axenic cultures for 24 hr. To make comparisons possible between the two assays, where different numbers of M. leprae and varying time periods were inherent to the methodology, the data obtained in the macrophage radiometric assay were computed to reflect the incorporation in axenic cultures where 1010 bacilli were used for a 24-hr period. The same 37°C temperature was used for both assays in order to minimize, where possible, the variations in the two assays.

Table 2 shows the 10-14-fold greater uptake of ³H-thymidine in *M. leprae* maintained in macrophages as compared to the same isolates tested in the cell-free system. These data indicate that under the experimental conditions used, both human- and armadillo-derived bacilli adapted in host cells have a higher metabolic activity requiring adenosine than do free bacilli maintained in specialized medium.



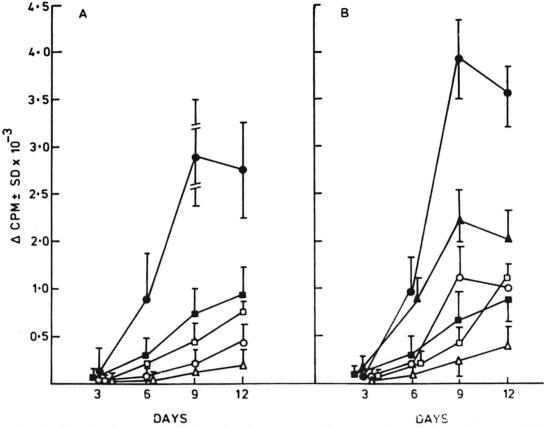


FIG. 1. Kinetics of uptake of radiolabeled purine and pyrimidine nucleosides by (A) four human- and (B) two armadillo-derived *M. leprae* isolates maintained in murine macrophage cultures. A time-related increase in net uptake was observed for ³H-adenosine (\bullet) and ³H-hyposanthine (\blacktriangle) by days 9–12. ³H-deoxyadenosine (\bigcirc), ³H-cytidine (\blacksquare), ³H-deoxycytidine (\Box), and ³H-uracil (\triangle) failed to incorporate significantly over a similar culture period (\triangle cpm as in Materials and Methods).

 TABLE 1. Incorporation of ³H-thymidine and ³H-adenosine in macrophage resident, human-derived, live and heat-killed M. leprae.^a

Strain – no.	³ H-thymidine			³ H-adenosine		
	Heat-killed	Live	Inc. ^b index	Heat-killed	Live	Inc. ^b index
1	322 ± 80	$1,326 \pm 20$	4.1	$1,714 \pm 163$	$4,274 \pm 402$	2.5
2	355 ± 132	$1,119 \pm 363$	3.2	749 ± 148	$3,096 \pm 516$	2.4
3	576 ± 155	$1,126 \pm 36$	1.9	866 ± 82	$2,430 \pm 306$	2.8
4	583 ± 146	$1,578 \pm 378$	2.7	483 ± 23	$4,613 \pm 302$	9.5
5	704 ± 83	$1,106 \pm 83$	1.6	$1,776 \pm 596$	$5,612 \pm 488$	3.2
6	434 ± 87	$1,466 \pm 88$	3.4	762 ± 261	$2,500 \pm 1,303$	3.3
7	627 ± 198	$1,234 \pm 132$	2.0	540 ± 151	$2,300 \pm 882$	4.3
8	350 ± 140	$1,506 \pm 530$	4.2	405 ± 148	$3,130 \pm 1,222$	7.7
9	436 ± 39	$1,716 \pm 135$	3.9	354 ± 161	$3,090 \pm 1,303$	8.7
10	346 ± 135	$1,947 \pm 190$	5.6	196 ± 140	$2,958 \pm 305$	15.0
11	423 ± 239	$2,395 \pm 511$	5.7	$1,508 \pm 234$	$5,307 \pm 1,547$	3.5
12	$1,374 \pm 351$	$2,469 \pm 247$	1.8	$1,529 \pm 334$	$4,807 \pm 1,582$	3.2
13	223 ± 13	$1,410 \pm 207$	6.3	688 ± 205	$3,068 \pm 1,357$	4.5
14	282 ± 25	$1,341 \pm 273$	4.7	$1,419 \pm 233$	$2,959 \pm 130$	2.0
15	340 ± 144	930 ± 657	2.6	$2,194 \pm 1,021$	$4,368 \pm 122$	2.0

^a All strains showed statistically significant incorporation of the labels, $p \le 0.05$ to $p \le 0.001$.

^b Incorporation index = mean cpm with live *M. leprae* \div mean cpm with heat-killed *M. leprae*.

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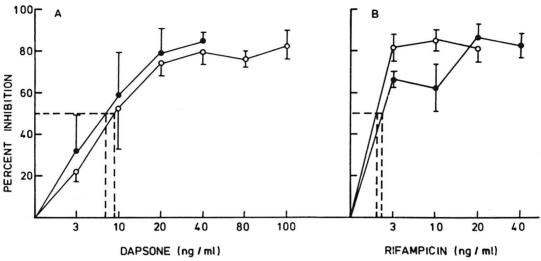


FIG. 2. Effect of varying concentrations of (A) dapsone and (B) rifampin on ³H-adenosine incorporation in three human-derived (\odot) and two armadillo-derived (\bigcirc) *M. leprae* isolates residing in murine macrophage cultures. A linear increase in percent inhibition was observed from 3 ng/ml to 20 ng/ml of dapsone, followed by a plateau up to 100 ng/ml. Rifampin showed a significant inhibition (p < 0.01) at 3 ng/ml and failed to show a proportional increase up to 40 ng/ml; (---) = lowest concentration showing significant inhibition (p < 0.01- p < 0.05).

Effect of antileprosy drugs. The inhibitory effects of dapsone and rifampin on the uptake of ³H-adenosine and ³H-hypoxanthine were tested on six M. leprae isolates. In conformity with our earlier reports on ³H-thymidine uptake (¹¹) it was observed that > 50% inhibition of uptake in drugcontaining cultures gave a p value of < 0.05to < 0.001 by the Mann-Whitney U test. Figure 2 shows the mean percent inhibition of 3H-adenosine incorporation in three human- and two armadillo-derived M. leprae tested over 3-100 ng/ml of drugs. Dapsone showed significant inhibition (p < 0.05-< 0.001) at 10 ng/ml (Fig. 2A); whereas rifampin showed a similar effect at a lower concentration of 3 ng/ml (Fig. 2B). A graded increase in the level of inhibition was observable with the increase in drug concentration to 20-40 ng/ml, after which a plateau was reached.

Figure 3 shows similar levels of inhibition of ³H-hypoxanthine and ³H-thymidine tested over a limited concentration range of 3 ng and 10 ng of dapsone in six humanderived *M. leprae* isolates. A wider range of drug concentrations was not tested due to constraints of numbers of bacilli obtainable from skin biopsies.

DISCUSSION

The present study confirms our earlier observations (19) regarding the suitability of the macrophage-based assay for monitoring the viability of M. leprae by the use of radiolabeled nucleosides. Of the purines and pyrimidines tested, ³H-adenosine showed a more rapid and higher level of incorporation by the leprosy bacillus. In general, in terms of the magnitude of mean cpm obtained, the order of uptake was ³H-thymidine, ³H-hypoxanthine, and ³H-adenosine in increasing order. Comparative studies of the same isolates indicated that 10 of 15 human-derived bacilli showed a twofold higher incorporation of ³H-adenosine as compared to ³H-thymidine. A similar order was observed with regard to the time of incorporation of the three radiolabels. Whereas significant uptake of ³H-thymidine was usually observable by 14 days, ³H-hypoxanthine and ³H-adenosine were incorporated at 9 and 6 days, respectively.

That the uptake was an indicator of the viability of the organisms was established by the significant increase in cpm in cultures with freshly extracted bacilli as compared to parallel cultures with heat-killed bacilli

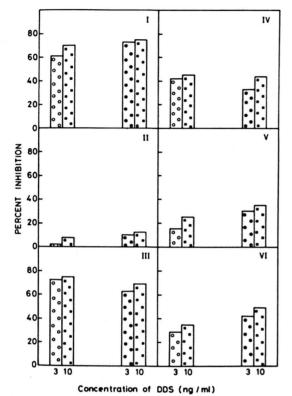


FIG. 3. Comparison of percentage of inhibition of ³H-hypoxanthine with ³H-thymidine incorporation in six *M. leprae* isolates in the presence of dapsone. Roman numerals indicate individual bacillary isolates;

each isolate was concurrently assayed for both radiolabels. Results are shown for macrophage cultures pulsed with ³H-hypoxanthine with 3 ng/ml (\bigcirc) and 10 ng/ml (\square) of dapsone and for cultures pulsed with ³H-thymidine with 3 ng/ml (\bigcirc) and 10 ng/ml (\blacksquare) of dapsone.

from the same isolates (p < 0.05 to 0.001). Moreover, ³H-adenosine and ³H-hypoxanthine uptake indicated metabolic activity of the bacilli since there was a graded increase in cpm over a period of 6 to 9 days of culture. This uptake was inhibited by antileprosy drugs.

Radiolabeled deoxyadenosine, cytidine, and deoxycitidine and uracil failed to be incorporated by *M. leprae* in our system. The first three compounds had also been shown to be ineffective in axenic cultures (^{7, 29}). However, the failure of the uptake of ³H-uracil in our hands needs further investigation since earlier workers had reported its successful uptake by *M. tuberculosis* (²³) and *M. leprae* (⁹).

In our hands, M. leprae maintained with-

TABLE 2. Comparison of uptake of ³H-adenosine by M. leprae maintained in mac-rophages and axenic cultures.

	Radio- label	pmol/10 ¹⁰ <i>M. leprae</i> /24 hr		
	used (µmol)	Macro- phage	Axenic medium	
HML ^a	17	630	29	
AML ^b	17	1,220	83	

^a HML = human-derived M. leprae.

^b AML = armadillo-derived *M. leprae*.

in macrophages incorporated 10-14-fold higher ³H-adenosine than the same isolates maintained in axenic cultures. Due to the constraints of high numbers of bacilli required in the latter, comparisons were only possible for human-derived bacilli by pooling isolates from several patients. This feature of enhanced metabolism by macrophage-adapted bacilli was also confirmed with one armadillo strain of M. leprae. Supporting evidence from other workers also indicates the elevated metabolic state of bacilli maintained in host cells (9, 29). Studies on lipid as well as carbon metabolism strongly favor the metabolic dependence of the bacilli on the host cell (24, 25, 30). Moreover, many of the enzymes of the salvage pathway are highly active in M. leprae, but their de novo synthesis is either suppressed or absent (26, 27). The latter defect may make the bacillus dependent on the host cell. It is also possible that the density of bacilli, and the specialized medium used in axenic cultures may suppress metabolic activity due to anaerobic conditions, pH changes, and other unknown requirements of an intracellular organism. However, systematic studies on this may accumulate data toward a better culture medium for the cultivation of M. leprae.

Incorporation of both ³H-hypoxanthine and ³H-adenosine was inhibited by the antileprosy drugs dapsone and rifampin. Whereas the former was effective at 10 ng/ ml, the latter showed significant percent inhibition at the lower concentration of 3 ng/ ml (p < 0.01). These results were similar to our earlier observations on the drug inhibition of ³H-thymidine uptake (¹¹). Although the inhibitory effect of these drugs has been studied in axenic cultures for ³H- hypoxanthine (²⁸), as far as we are aware, the effects of drugs on ³H-adenosine uptake have not been reported. It is evident from these studies that ³H-adenosine is an effective indicator for the monitoring of *M. leprae* viability, screening for antileprosy compounds, effectiveness of chemotherapy and diagnosis of drug resistance.

SUMMARY

Freshly extracted human- and armadilloderived Mycobacterium leprae maintained within murine macrophages incorporated significant levels (p < 0.05 to p < 0.001) of ³H-adenosine and ³H-hypoxanthine by 6 and 9 days of the culture period. The incorporation of ³H-adenosine was twofold or more higher than ³H-thymidine in 10 out of 15 human-derived M. leprae isolates. Macrophage-adapted bacilli incorporated 10-14-fold higher levels of ³H-adenosine compared to the same bacilli maintained in axenic cultures. The incorporation of these two labels was inhibited by dapsone and rifampin, indicating the utility of in vitro radiometric assays for screening antileprosy drugs and drug sensitivity/resistance in patients.

RESUMEN

Las células de Mycobacterium leprae recién extraídas de lesiones humanas y de armadillos y mantenidas dentro de macrófagos murinos, incorporaron niveles significativos de adenosina-3H y de hipoxantina-3H (p < 0.05 a p < 0.001) durante 6 y 9 días del periodo de cultivo. La incorporación de adenosina-3H fue 2 o más veces mayor que la incorporación de timidina-3H en 10 de 15 muestras de M. leprae obtenidas de humanos. Los bacilos adaptados a los macrófagos incorporaron de 10 a 14 veces más adenosina-3H que los mismos bacilos mantenidos en cultivos axénicos. La incorporación de estas dos marcas se inhibió por dapsona y por rifampina. Esto indica la utilidad de los ensayos radimétricos in vitro para evaluar la efectividad de drogas antileprosas y la sensibilidad o resistencia de M. leprae a las mismas.

RÉSUMÉ

Des Mycobacterium leprae fraîchement récoltés chez l'homme et le tatou et maintenus dans des macrophages de souris, incorporaient des taux significatifs (p < 0,05 à p < 0,001) de 3H-adénosine et 3H-hypoxanthine aux sixième et neuvième jours de la période de culture. L'incorporation de 3H-adénosine était deux fois plus élevée ou davantage que celle de 3H-thymidine dans 10 des 15 isolats de *M. leprae* d'origine humaine. Les bacilles adaptés aux macrophages incorporaient des taux de 3H-adénosine 10 à 14 fois plus élevés que les mêmes bacilles maintenus dans des cultures axéniques. L'incorporation de ces deux marqueurs était empêchée par la dapsone et la rifampicine, indiquant l'utilité de titrages radiométriques *in vitro* pour l'étude de médicaments anti-lèpre et de la sensibilité/résistance aux médicaments chez les patients.

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