

CORRESPONDENCE

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Erythema Nodosum Leprosum in a Case of Histoid Leprosy

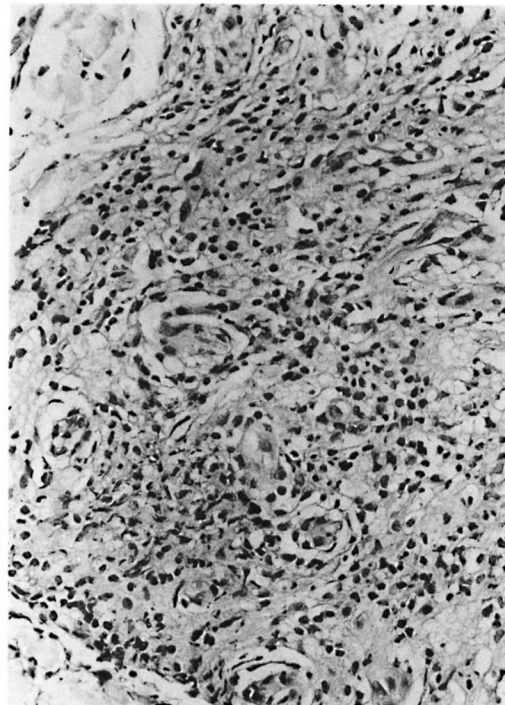
TO THE EDITOR:

The occurrence of erythema nodosum leprosum (ENL) is an uncommon phenomenon in patients with histoid leprosy. While some authors postulate that patients with histoid leprosy do not develop the ENL type of reaction (^{2, 7}), others have reported the occurrence of ENL in histoid leprosy (^{1, 3-6}). We recently saw a patient with histoid leprosy who developed ENL lesions simultaneously.

A 45-year-old male patient presented with diminished sensation over his hands and feet for 15 months and fever, joint pain, testicular pain, and the development of recurrent crops of erythematous tender nodules, subsiding within 3-5 days, over the forearms and shins. Examination revealed a generalized infiltration of the skin with infiltration of the face and earlobes and moderately thickened, extremely tender, bilateral symmetrical ulnar, median and the terminal branches of radial and lateral popliteal nerves. In addition to the nodules arising from infiltrated skin, there were multiple skin-colored, dome-shaped, shiny, firm nodules of 2-5 mm arising from normal-looking skin over the lower back on both flanks. He also had bilateral epididymo-orchitis and bilateral palpable, tender, inguinal lymph nodes.

Investigations showed a slit-skin smear result of 5+ 0% from the infiltrated skin and 5+ 1% from the histoid nodules. Acid-fast bacilli from the histoid nodules were larger and did not form any globi. A skin

biopsy of a histoid nodule showed localized collections of histiocytes, foam cells and lymphomononuclear cells aggregated in the mid- and lower dermis with unremarkable epidermis. Early and late reactions of lepromin were negative. His total leukocyte count was 24,800/cmm; differential count



THE FIGURE. Photomicrograph showing focal leukocytoclastic vasculitis consistent with ENL (H&E $\times 140$).

was: polymorphs 71%, lymphocytes 26%, eosinophils 0%, monocytes 3%, T and B lymphocytes were 77% and 23%, CD4+ and CD8+ were 40% and 37%, respectively. The ENL histology was consistent with ENL (The Figure).

The patient was started on the World Health Organization multibacillary regimen with dapsone, rifampin and clofazimine along with prednisolone 1 mg/kg/day. Within 48 hr there was symptomatic improvement and the ENL lesions disappeared.

Why patients with histoid leprosy are relatively immune to the ENL reaction is not known exactly, but it is believed to be because histoid leprosy is an immunologically relatively stable form in the multibacillary spectrum of leprosy (6).

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Necrotic Erythema Nodosum Leprosum; A Presenting Manifestation of Lepromatous Leprosy

TO THE EDITOR:

Usually lepromatous leprosy presents with multiple hypopigmented macules, papules, nodules or plaques, symmetrically distributed over the face, trunk and extremities (3). Sometimes the presentation is unusual, in the form of a single nodule, spontaneous ulceration, histoid nodule or Lucio leprosy (1, 2, 4, 5). But, to the best of our knowledge, lepromatous leprosy presenting as necrotic erythema nodosum leprosum (NENL) lesions has not been reported in the literature so far.

We report here a patient with lepromatous leprosy who presented with necrotic and pustular lesions. Demonstration of acid-fast bacilli (AFB) from skin and pus smears by Ziehl-Neelsen staining and histopathology confirmed the diagnosis of lepromatous leprosy with ENL.

A 48-year-old male presented with painful, tender nodules and pustules with ne-

crotic ulcers on the extremities of 2 weeks' duration. Some of the initial lesions were nodules which had turned into pustules in 2–3 days' time; other lesions were first noticed as pustules. The pustules had been covered with crusts after ulceration. There were neither any constitutional symptoms, such as fever and joint pain, nor any evidence of iridocyclitis, conjunctivitis, neuritis or orchitis. He had two similar episodes; one in January 1989 and one in August 1990, each lasting for about 2 months and subsiding with oral antibiotics and corticosteroids. In each episode multiple nodulo-pustular lesions appeared in crops. These episodes were associated with fever without any history suggestive of systemic involvement. There was neither a history nor clinical evidence of hypopigmented, hypoesthetic skin patch(es), paresthesia, glove-and-stocking anesthesia or motor weakness. A cutaneous examination revealed multiple,